

Nanaimo Quilters Guild

Volume 34 Issue 3 ~ November 2017

www.islandquilters.ca

Next Meeting

note evening time change

November 15, doors open 1:00 and 6:00, meeting starts at 1:30 & 6:30 pm Nanaimo Curling Club – upstairs lounge 106 Wall St.

Program: Felting 101, Nancy Wesley

Next Executive Meeting

November 2, 1:30, Chase River Country Grocer, 82 Twelfth St.

Newsletter Deadlines

November 22 (22nd of every month)

Refreshments:

Members whose last names start with the letters E, F, G and H, it's your turn to bring goodies to the meeting.

Remember to bring:

- your nametag and cup
- library books
- change for raffle prizes
- donation quilts / placemats
- show and share
- mystery quilt blocks
- food bank donations
- items for Christmas gift bags (see page 5)

Guild Website

If you have something of interest for our Guild web site, please send it to Sue Creba at suecreba@aquariusd.com

From the President's Pen

The October Guild meeting has come and gone, we are well into Fall already, and I must say, I am seeing quilt inspiration everywhere I look these days! The colours of trees and shrubs are so many interesting shades that it's hard to focus on completing the projects I have on the go. I want to run out and buy fabrics in the rich browns, golds, reds and greens of fall.

And this got me thinking about why we can't seem to stop quilting once we get started. What is it that we love about quilting? I did a little searching and came up with the following list, from several sources, including Keepsake Quilting and A Block Away Quilt Shop.

So here we go, the reasons we love to quilt....

1. Friendship. What could be better than sharing a craft we love with our like-minded peers? Guilds, quilt shows, retreats, classes and satellite groups, many of us enjoy them all.
 2. Fabric. Can you look at fabric without touching it? The texture, weight, finish and quality are read by both our eyes and our fingertips. Touching then becomes a bonding experience with the fabrics we really love and at this point it is quite certain we will be purchasing at least a small piece!
 3. Gifts. Weddings, babies, birthdays, graduations, housewarmings and more give us reasons to take up needle and thread in order to give a truly personal gift.
 4. Charity. The giving of quilts to those in need is an experience that is mutually beneficial. We can feel good about gifting a quilt that says 'somebody cares about you'. It's a fabric hug shared by the giver and the receiver of each quilt.
 5. DIY Home Décor. Some of us just love to make our own décor items. From pillow shams to table runners, there are always new home projects to inspire us.
 6. Artistic/Self Expression. This seems to be the fastest growing area of the quilting world. Since we don't have to sew and quilt in order to keep up with family needs anymore, we are free to create quilted items that express who we are and how we see the world. Fabric becomes the artistic medium of the quilter and some amazing work is being done in this field.
 7. History. We can both celebrate and create history in our quilt making and that just means more fun for us as quilters.
 8. Warmth. Quilts impart a sense of warmth that is both calming and comforting. Movies use quilts to demonstrate these feelings more often than most of us notice. Quilters know that we are sharing this warmth when we share our quilts.
 9. Relaxation/Mental Health. Let's face it, quilting just makes us feel good. It is relaxing but also keeps our minds sharp as we learn new patterns, measure fabrics and concentrate on doing our best work.
 10. Awareness. We can use quilts as auction or raffle items to raise money and awareness for issues from disease and abuse to animal welfare, hospital equipment needs and more.
- These are just some of the reasons we quilt and I am sure you have more of your own. Maybe as an escape....not many teenagers or husbands want to follow us into the sewing room, although dogs and cats are another story!

I love quilting for all of the reasons above and as a way to say thank you to special people for the many gifts they have given me in life. My quilts, the few special ones that have so much of who I am stitched into each square or panel, will be my legacy. Like my grandmother's quilts that I would touch and study, knowing a little more of who she was through the quilts she made for her family.

Enjoy these fall days, my friends! I will have to miss the November meeting but Linda Macey will take you through the afternoon in style. And during Program you'll have some fun learning about felting from Nancy Wesley.

Happy stitching, *Christine Hustins, NQG President*

NQG Box 943 Nanaimo BC V9R 5N2

Editor suecreba@aquariusd.com

2017/2018 Nanaimo Quilters Guild Program

The November Program will be Felting 101 with Nancy Wesley. Come for an introduction to felting, what it is, how it's done and see some samples.

Thank you to the Nanaimo Modern Quilt Guild for the informative and fun presentation. If you think Modern Quilting might be for you the Nanaimo Modern Quilt Guild meets on the first Wednesday of each month at 7:00pm at Basement Meeting Room, Christ Community Church, 2221 Bowen Road, Nanaimo, BC, V9S 5J3

Email: nanaimomqg@gmail.com

website: www.nanaimomqg.blogspot.ca

Instagram/Facebook: Nanaimo Modern Quilt Guild

Below are websites referenced in the presentation:

Modern Quilt Guild: www.modernquiltguild.com

Gee's Bend: www.quiltsofgeesbend.com

Souls Grown Deep Foundation: www.soulsgrowndeep.org

Denyse Schmidt: www.dsquilts.com

Vertical Landscape with Karen Killins-Robinson

A series of unforeseen circumstances turned this class of 7 students into a class of 3 extremely lucky ones with Karen Killins-Robinson. We look forward to seeing the finished memory vertical landscapes at a future show & tell. Thanks Barb Kerfoot for being the Angel!



Val Ansell, Susan Gaudron, Karen Killins-Robinson, (back)
Mary Abbott at the Vertical Landscape Workshop October 21

OTHER EVENTS:

All Year Long: Mystery Quilt by A Little Crispy

We have 43 participants so far!!!! It's not too late to join in the fun! Receive a monthly email (or arrange to pick up your instructions at the Guild meeting). Bring your finished blocks (or section) to the next Guild meeting and be in the draw to win



a participation prize! Any questions? contact Becky Keizer, email: kiddkeizer@shaw.ca

The winners of the October monthly participation prizes were:
Afternoon: Cathy Herrington Evening: Val Ansell

November 25: Sew for Service We'll be holding a Sew for Service day to make placemats, pillowcases, giftbags & fidget quilts to donate to various organizations. We've made up kits so you can just start sewing! There is no charge for this sew day but please sign up to reserve your spot!

In the meantime, please look in your stashes for any suitable fabrics to donate to be made into kits for placemats and pillowcases. We're also looking for small items like zippers, buttons, pockets from jeans, large beads, ribbon, and empty spools of thread for the fidget quilts. Please contact one of the following to arrange pick up/delivery of any donations or bring them to the November meeting. Please contact one of the following to arrange pick up/delivery of any donations or bring them to the November meeting.

Becky Keizer

email: kiddkeizer@shaw.ca

Mary Abbott

email: maryabbott@telus.net

Janet Knecht

email: quiltyjan@gmail.com

December 2: Mini UFO Day Once again, we've reserved a day for you to finish up those unfinished projects (or you can start something new) just in time for Christmas! This is a potluck day: please bring something to share and your own mug, plate, & cutlery. This event is full but we're taking names for the waitlist just in case someone has to cancel.

Coaches Needed Are you a bag lady? We're looking for a few ladies to be coaches on February 17/18 at BYOP. If you're interested and have bag/purse/tote making experience, please contact Mary Abbott, email: maryabbott@telus.net

Canadian Mystery Quilt Show & Tell Have you been making Shania Sunga's Canadian Mystery Quilt to commemorate Canada's 150 year birthday? If so, please bring it to the January Guild meeting for Show & Tell. This may be the push you need to finish it up! We would love to see them all together.



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Membership

The Membership Committee processed 20 membership forms at the October meetings. New members registered in October are Carol Sharpe and Norma Waddell. Welcome ladies!

The membership list for 2017/2018 will soon be on our website in the password protected members only page. Only those who agreed to have their personal information on the membership list will be listed.

Our Current membership for the 2017-2018 term is as follows:

Registered members: 140

New members: 11

Honorary members: 11

Non-returning members: 71

If you have not yet renewed you can still do this at any meeting. Please drop by the membership table to get a registration form and your 2017/2018 membership card. There are benefits to membership!

Laura Beswick, Membership

Library News

Just a reminder that **ALL** materials checked out this month will be due at the **January 2018** meeting, so stock up on your holiday reading and project ideas.

Coming soon..... the most current library list of materials will soon be posted on our website! Watch for the announcement!

The Library Team

New Bernina 570QE won at quilting show - I'm not a quilter.

Still in the box, includes Bernina stitch regulator, open embroidery foot, patchwork foot, reverse pattern foot, blind-stitch foot, zipper foot, 2 seam guides, carrier bag, accessories box, foot control, power case, side-catcher, presser foot lifter, height compensation tool, 5 bobbins/ threads, seam ripper, screwdriver, angular torx button, lint brush, 2 foam pads, 3 spool discs, needles and lubricator. It also has a guarantee for the owner to complete and return, and instruction book.

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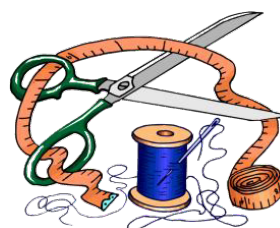
Pat received 28 quilts at the October afternoon meeting and Bonnie received 5 quilts in the evening. After the September meeting Pat and I took 12 quilts – all donated by Laura Morrissey – to the Nanaimo Hospital Foundation office. They were gratefully received and forwarded to the VI SCAN department at NRGH. Many guild members request their donated quilts go to the VI SCAN program. These quilts will be designated for that program.

We have had several generous donations this fall of backing fabrics from the Nan Go Grannies. A thank you to Heather Henderson who picked up 5 quilt tops and backing from a resident at Nanaimo Seniors Village.

As usual we have backing, batting and labels at every meeting. Please remember to take a label home before returning your finished quilt.

Thank you to everyone who donated quilts at the October meeting and also those who took quilt tops to be completed.

Bonnie Dormuth and Pat Clements, Donation quilt committee
Bonnie 250 753-9366, Pat at patclements@shaw.ca



Fabric Sale

I have a room full of fabric, notions, quilting books etc.

It all has to go. Come to a sale at my house:

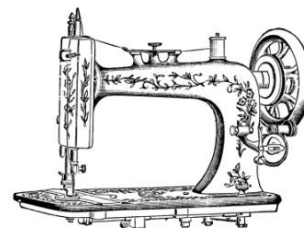
Monday, Nov 20

10 a.m. – 4 p.m.

1637 Bob-O-Link Way

Nanaimo

If you need to call,
250-758-8660
Patty McRory



2017 Pot Luck Christmas Party

Mark your calendars! Wednesday December 13, 5:00 pm to 8:00 pm at the Nanaimo Curling Club, musical entertainment by Graham Gates on keyboard.

Please remember to sign in and pick up your door prize ticket!

Please bring the following: (here is a check list)

- ___ a hot or cold food or dessert (PLEASE LABEL ALL FOODS CONTAINING NUTS) If you are making a dish that is 'gluten free', please label that as well.
- ___ serving utensils for your dish - please label these utensils with your name
- ___ a plate, mug for hot drinks, placemat, napkin and cutlery
- ___ 'Christmas Gift Bags stuff' for NYSA (see page 8)
- ___ Food Bank donations (to be deposited in the boxes upstairs beside our elevator)
- ___ Christmas projects only - for 'Show and Share'
- ___ Money for Raffle Tickets and Silent Auction
- ___ Money for an alcoholic beverage (can be purchased from the Curling Club Bar)

As we did last year, a bag will be provided in order for each person to take home their own dirty dishes.

IN CASE OF SNOW, PLEASE CHECK YOUR E-MAIL FOR 'UP TO DATE' PARTY INFORMATION AND CHANGES



Karen's Longarm Quilting

- by appointment only -

Karen Phillips
(250) 802-4457
karenphillips1976@gmail.com

Quilt Bee January 27, 2018

We had a great response at the first meeting open to sign up for the Quilt Bee. It was good to have some of our new members show interest in attending. We have only 5 spaces left for the teams to sign up for the Quilt Bee to be held on Saturday January 27 at Oliver Woods Community Centre. Let's fill those spaces at the November meeting! There are only two meetings left to decide on your team and sign up for a fun filled day! Are you pushed for time and not able to attend? You are welcome to pick up batting and backing to make a quilt at home and turn it in by the February meeting.

Haven House, a sanctuary for abused women and their children love the quilts they receive from us each year. The quilts that they receive provide comfort to both child and adult at a time of crisis. They are presented to them at the end of their counselling program. We are pleased that our Quilt Guild can play a small part in that healing process in our community.

Just a reminder that the batting is cut 45 X 60 inches so please make your quilt top accordingly. Most backings are 1.6 m long but the width varies. We also have some fleece for backings, please see us at our table if you are interested. We have a variety of thread colours for your quilting projects and a few Hawaiian kits for quilting of your own design for the Quilt Bee.

Please see us for a supply list for the day and remember that it is a potluck lunch. We would appreciate a volunteer to help Norma Stevens in the kitchen that day from 9 until about 1:30.

Put your teams together and come out for a fun filled day of Quilting!

Leslie Millward, Marlene Jones, Margaret Carmichael



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Hospitality

To avoid delays and congestion at the Hospitality table at sign-in, please be wearing or have your name tag ready to show us. We need to see your NQG name tag to give you a ticket and you must be wearing it to win the draw. That pretty pink ticket that gives you 2 chances to win a fat quarter in the name tag draw. Please remember that this is a Name tag draw, not a prize for attending the meeting.

A big thank you to all of you ladies that come prepared.

Debbie Drew, Hospitality

NQG Quilt Show 2019

We need your help!! The quilt show will be held at the Curling Club June 6,7,8,9, 2019. At this point, we are looking for a treasurer. Remember that positions can be shared, and there is a binder with a wealth of information. The job description for treasurer was in our September newsletter. If you are interested and/or want more information please contact Carol Rumo, caroll6@rumo.ca or 250-244-3476.

Christmas Gift Bags

We are collecting items for holiday gift bags for Nanaimo teens in need in 4 programs at Nanaimo Youth Services. Items will be accepted at the November Guild meeting and the Christmas Potluck.

We are looking for pillowcases (or cloth gift bags 9" by 12" or larger), cash donations to help purchase items, or any of the following.

We try to include these basics in each bag: bar soap or body wash, shampoo, toothbrush, toothpaste, socks, or gloves.

Also, for either gender: warm scarf or toque, small Kleenex, small hand sanitizer, phone charger, small notebooks, pen/pencil, gum, breath mints, candy, chips, chocolate bars, water bottles, bus passes, coupons or gift certificates for grocery stores, movies, restaurants etc., washcloth, hand towel. For males: deodorant, disposable razors, shaving cream, chapstick, playing cards. For females: deodorant, chapstick, lip gloss, hair supplies, panty liners, disposable razors, shaving cream, emery boards, nail polish, body lotion, bath items, makeup. The dollar stores have most of these items at affordable prices, and we welcome sample sizes of items from hotels and cosmetic counters.

Any questions? Sue Creba at 250-753-3371 or suecreba@aquariusd.com



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Block of the Month

Wow, what a great turnout for the Halloween blocks. I am in awe of you! Such a wonderful variety for both the afternoon and evening meetings. Laverna Anderson won the 37 blocks and then generously decided to share them with another member. She drew Sue Artuso's name so each lady received 18 blocks (photo below right). Marlene Jones won the 17 blocks in the evening (photo at right). Again I am so pleased at the turnout and am looking forward to seeing quilt projects from them. At Jonanco's Quilt Daze Heather was working on the Halloween blocks from last year. It was neat to see the pumpkin fabric again.

Next month's block is a house block from McCall's Quilting and is to be made with Christmas fabric and white fabric for the background (the white fabric doesn't have to be a solid colour). The link to the block is http://www.mccallsquilting.com/content_downloads/House_Block_15076.pdf. Note that it is a 9" finished block, 9 1/2" unfinished. The samples that Becky and I made turned out quite cute and I am looking forward to seeing what fabrics you pick.

Just a reminder that each block you make gives you a chance to win all the blocks turned in. Some ladies say they would rather make the block and not be entered into the draw, that is okay. I know some people would rather participate but not have to make a quilt if they won.

If you have any questions please call or text Sarah Beyer at 778-269-2380 or email sarahbeyer@shaw.ca or message me at <https://www.facebook.com/SarahinStitchesNanaimo/>



Pre-Christmas - Christmas Sale!

All Christmas Fabric
and Items



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www.nanaimoloavesandfishes.org

Please consider donating the following:

- Canned Fruits and Vegetables
- Canned Beans
- Canned Fish
- Pasta, Pasta Sauces
- Peanut Butter

Nanaimo Quilters' Guild General Meeting October 18, 2017

President Christine Hustins called the meeting to order at 1:32 pm.

Hospitality: Afternoon: 102 members and 6 guests: Michelle Z, Mary Crable & baby, and Pyra Draculea (all from Nanaimo Modern Quilt Guild), Cathy Coulter, Karen Killins-Robinson, and new member Norma Waddell. Evening: 31 members, 3 guests: Susan Oe, Yvonne Roller, Mary Crable & baby, and new member Carol Sharpe. Welcome to our new members!

Moved by Lorna Craig that the Minutes of the September 20, 2017 meeting as published in the October newsletter, be accepted. **Seconded** by Debbie VanOtterloo. **Carried.**

Announcements: We have a new and larger Notice Board on which to post our notices. Barbara Root challenged the former Executive Members to make a postcard and bring it to the November meeting. These would be sent to the CQA for their Postcard Challenge.

Treasurer's Report: Posted on the notice board.

Correspondence: Posted on the notice board.

COMMITTEE REPORTS:

Block of the Month: Sarah Beyer reported that 37 Halloween blocks were turned in. November's 9" finished is a house block. See Sarah's report on page 6.

CQA: Janet Knecht encouraged members to check CQA's website for details on the upcoming CQA Show in Vancouver. The NQG executive have donated \$250 to CQA for prizes. Janet showed the Trendtex Challenge fabric: the theme is Celebration.

Quilt Bee: Leslie Millward is signing up members for the January 27, 2018 Quilt Bee. Batting, backing, patterns and labels are all available. If you signed out a kit in the Spring, bring in your quilt, complete with a label.

Challenge: Val Ansell announced the theme of this year's Challenge "All About Me". Kits are \$2. Full details will be in the newsletter.

Program: Janet Knecht asked for an Angel for the Saturday Vertical Landscapes workshop. There is still room in most of the workshops. See the complete Program report on page 2.

Donation Quilts: Pat Clements thanked members for the quilts they have donated. 12 quilts were taken to the VI SCAN Department. Janice Perrino will attend one of our meetings to thank members for their donations. There are lots of quilt tops and material available to members.

Library: Linda Addison mentioned that there are several Modern Quilt books in the Library.

Quilt Show: Lillian Charron encouraged members to volunteer for chairmanship of the various committees not yet filled. See page 5 in this newsletter for details.

Program: Mary Crable of the Nanaimo Modern Quilt Guild gave a power point presentation on various aspects of the Modern Quilt Movement and invited members to consider joining the guild. Examples of modern quilts were shown and this was followed by three hands-on exercises in designing a modern quilt or quilt block. *(continued on page 8)*



Are you ready?



Christmas is fast approaching and with the hustle and bustle of the holiday season it's easy to get behind. The Black Sheep is here as your one stop quilt shop for cottons, flannel, notions, advice and more!



Holiday Helper Coupon!

Get one free fat quarter for every \$25 spent on Black Sheep Merchandise

* One coupon per customer * One time use
* Coupon valid until December 31 2017 *

October 18, Meeting Minutes continued from page 7**Raffle Winners: (Afternoon)**

Raffles: Norma Franks, Sarah Beyer, Sherry Drebnicki, Lillian Charron, Val Ansell, Bonnie Dimitry, Mary Abbott, Leslie Millward. Mystery fabric: Becky Keizer. Show and Share: Dona-Mae Bauer. Name Tag Draw: Lorna Craig, Laura Beswick. **(Evening)** Raffles: Sandra Radley, Kyla Shay and Audrey Lloyd. Mystery Fabric: Janet Knecht. Show and Share: Greta Simmons. Name Tag Draw: Cathy Proctor.

Meeting adjourned by Christine Hustins at 3:33 pm.

Minutes submitted by Val Ursulak, Secretary, Nanaimo QG

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FABRICS • NOTIONS • BOOKS • PATTERNS

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FOR THE LOVE OF SEWING



Ode of Remembrance

They shall grow not old,
as we that are left grow old:
Age shall not weary them,
nor the years condemn.
At the going down of the sun
and in the morning,
We will remember them.

— Laurence Binyon

Kismet Quilts

Did You Know ~ Camp Homewood

For those members who are new to the Guild, you have probably heard the words "Retreat" or "Camp Homewood" being mentioned. Each year in November the Guild holds its annual retreat at Camp Homewood on Quadra Island. The retreat offers members a chance to get away, to sew, to quilt, or to relax and take in the surroundings. It's a wonderful opportunity to get to know other guild members, make new friends, and to seek out help or advice on a project that has been stalled.

Back in 2005, the Program Committee had been going over the results of a survey of what members were interested in. One of the items suggested was to have a Retreat.

After some research the Committee chose Camp Homewood on Quadra Island as the location. The first retreat was held in February 2006, and was so well received, that a second retreat was booked for the fall in November. In 2007, two more retreats were booked, one in February and again in November. Although the retreats were popular it was becoming too difficult for the Program Committee to plan these plus organize workshops and activities for the monthly meetings. It was decided to make Retreats into its own committee and to hold only one retreat a year.

The Retreat Committee generally provides several activities for participants such as challenges, door prizes, games night, and silent auctions or maybe even a special project such as the Poppy quilt which was made during the 2013 Retreat that happened on the November 11 (Remembrance Day) and the quilt was later donated to a Veteran.

If you have never attended a Guild Retreat and you think you might consider going contact the Retreat Committee or talk to other members who have attended to find out what it is like.

History Committee Marsha Whitmee & Greta Simmons



The NEW 5 Series offers the Bernina Hook with 70% more bobbin capacity, larger throat-8.5" to the right of the needle, and more
Arriving late November 2017

Needle and Thread to Repair the World

Please join Sima Elizabeth Shefrin as she shares some highlights from her 40 year artistic journey using needle and thread to repair the world.

Elizabeth's international community art project, *The Middle East Peace Quilt*, toured North America from 1999 to 2010. She has taught many workshops called *Stitching for Social Change*, *the Use of Fabric to Build a Better World*. That sentiment is a guiding principle of her work. More recently, Elizabeth has illustrated three children's books and two adult books. She has written and illustrated *Embroidered Cancer Comic*, the story of intimate life with her husband, Bob Bossin after his 2011 cancer diagnosis. The comic has been favourably reviewed in the Lancet and praised by Judi Dench.



Websites: www.stitchingforsocialchange.ca
www.middleeastpeacequilt.ca

We will complete the morning with a small hands-on project (no sewing or artistic experience required) and a potluck lunch. You are welcome to bring stitching or knitting projects during the talk. Books and cards and small pieces of art will be available for purchase.

Wednesday, November 29, 10:00 am to 12 noon

(followed by a pot luck lunch (optional))

Home of Bonnie Eaton, **802 Fitzwilliam Street Nanaimo**
 the corner of Kennedy and Fitzwilliam, downtown

COST: \$15 for lecture and mini workshop materials

Proceeds from registration will go, in part, as a donation to Nan Go Grannies, Stephen Lewis Foundation

IMPORTANT: You must **pre-register**, as space is limited. Register by e-mailing Bonnie at bonnieeaton@telus.net or calling 250 753-3699.



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Sunday Noon-4:00pm-

Closed Holidays Closed

Jingle Quilts (sung to the tune of Jingle Bells)

Dashing through the store,
With five days left to go.
I must get home real soon,
There's 10 things left to sew.
The line is much too long,
But I guess I shouldn't frown;
At least this gives my credit cards
Some time for cooling down.

(Chorus - sing twice)

**Jingle bells, jingle bells,
Quilting all the way,
Oh what fun it is to stitch
A project every day.**

**Oh jingle bells, jingle bells,
Quilting all the way,
Oh what fun it is to stitch
A project every day.**

The Christmas tree's not trimmed.
It must go up today.
But the quilting is not done
And the frames are in the way.
The time is getting short.
The dolly needs a dress.
With fabric, lace and pins and stuff,
Everything's a mess.

(Repeat chorus)

The Newsletter came today.
There's a quilt I want to try.
I've got so much to do,
I think I'm going to cry.
But Suzie needs a quilt
For her new trundle bed.
I think I'll make it blue and white
With just a little red.

(Repeat chorus)

But the pillows are not stuffed.
The placemats need a hem.
I've made myself a pledge,
I'll not do this again.
There's fabric right and left.
I can't resist these two.
Oh well, I think I'll take some time
And just pick up a few.

(Repeat chorus)



*Marilyn McQueen, Quilters of Contra Costa County, Concord, California,
as sung at the guild Christmas party*

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