

Nanaimo Quilters Guild

Volume 40 Issue 8 ~ April 2024

www.islandquilters.ca

Next Meeting

April 17, Nanaimo Curling Club,
doors open at 1 pm & 6 pm,
meetings at 1:30 pm & 6:30 pm
Program: Mini-Demos and
Backing Bonanza

Next Executive Meeting
(Zoom) Wednesday, April 10,
1:30 pm

Newsletter Deadline

April 21

Refreshments:

In April, members whose surnames start with the letters **P, Q and R**, it's your turn to bring goodies to the meeting for our coffee / tea break.

*In our newsletters' **online version**, blue lettering gives a live link to websites and email addresses. Best viewed in Google Chrome (may not work on a Mac).*

See what our Guild and its members are up to. You can submit photos of your quilts to our Facebook and Instagram sites. Click on the FACEBOOK link [here](#)

Guild Website

The Members Only section password is printed on the back of your membership card). If you have something of interest for our Guild web site, please send it to Sue Creba at smcreba@gmail.com

Presidents' Pen

By the time you read this, Easter will be behind us. We hope everyone enjoyed the holiday, ate lots of chocolate, and still had time to get some quilting done. Looking ahead, the week of April 14-20 is National Volunteer Recognition Week. This is an important event for organizations like our Guild, which relies totally on volunteers to keep things operating.

We would like to take this opportunity to thank every one of you who takes on a task, large or small, towards keeping our Guild running smoothly so we can all reap the benefits like socializing with each other, watching programs, taking workshops, reading library books, having coffee and snacks at a meeting, winning draws, making quilts and other items for various charities, and all the other tasks that contribute towards making a success of our amazing Guild.

If you are new to the Guild or are interested in getting more involved, your contribution is always welcomed, so please consider filling a vacancy on one of our many committees. And remember, the benefits work both ways!

Happy Volunteering! *Terri Askham & Kathleen Kane, Co-Presidents*

Guild Programs and Workshops

Hope everyone enjoyed Darlene Potts' sale and trunk show. Remember during her trunk show she told us there are three reasons we make quilts: quilt show quilts, a life event and hugs and kisses. She forgot to mention... because we enjoy it!

When she got home Darlene e-mailed the following: *"We enjoyed being at the meeting yesterday. As we were driving home, we commented on what an active, busy, productive guild you are. Such good things being done. Again, thank you for making yesterday happen. We might have to do it again some time if the guild wants."* Darlene is having a pop-up sale: Saturday, April 20, 2024 from 10:30 am to 3:00 pm at St. Mark's Anglican Church, 138 Hoylake Road West, Qualicum Beach.

Don't forget the Sampler Platter coming April 13 and 14. You will receive an email with the link.

We will have our mini demos at the April 17th Guild meeting...6 at the afternoon meeting and 5 at the evening meeting.

A reminder of our two events in the fall: a garage sale at our October 16 meeting (\$10 will reserve a table), and Studio Tours on the weekend of November 9 and 10.

Program Committee: Vicki Zoltay, Judy Hunter, Lorraine Daley, Nancy Lutes



Placemats

Another great meeting in March. We took in 43 placemats and 19 tea cozies. Again, they were all magnificent. Thank you so much. We now have 188 placemats and 28 tea cozies in stock, well above the usual average for this time in the Guild year. So well done. But keep them coming! I still have some batting if needed.

Your Placemat Committee, Heather, Norma and Maureen



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Guild Placemat Challenge

Have you made a placemat yet? Still unsure of what to make? How about 9 patches? Use 2 and 1/2 inch strips or cut charm squares into 4 pieces. Use one of the colours in the centre, another colour for the corners and the last colour for the sides. Make it scrappy or limit yourself to just 3 fabrics, as long as it is a triadic colour scheme (reds, yellow, blues or greens, purples, and oranges, etc.). 6 nine patch blocks would create a 12 by 18 inch placemat. Mix it up a little and throw in a neutral here and there. How about a log cabin block with one colour for the centre, scrappy strips of another colour for two sides and scrappy strips of the third colour for the other two sides...or courthouse steps...or churn dash blocks...or 9 patches with half square triangles in the corners. If you like art quilts, blues, reds, and yellows make a nice sunset over water. Greys and blacks can act as silhouettes of landforms. Have fun. Placemats are due at either the day or evening meeting in April. They will be displayed at the AGM in May, when voting by attending members will take place.

Rules to Play by:

1. Triadic colour scheme.
2. Neutral background.
3. May be pieced or appliqued. (no delicate embellishments).
4. Landscape format (horizontal).
5. Placemat size (12" by 18").
6. Due at April meetings.
7. No hanging sleeve.
8. Paper label pinned to back with name, guild number, and donate or return to maker.

Challenge Coordinators Jeannette Blackmore, Vicki Dods

Membership

We now have 133 members and are happy to welcome three new members: Lynn MacDonald, Joan Muller and Isabel Bunning. Lynn has moved to Duncan from Newfoundland, and in her earlier residence was a long arm quilter. Joan enjoys creating quilts for her many grandchildren as well as a dog rescue organization. She also creates "Quilted Hugs" for close friends undergoing health treatments. Isabel was drawn to the Guild needing to create quilts for an expected grandchild. We look forward to seeing their creations.

An updated membership list will soon be posted on our website www.islandquilters.ca in the members only section. Application forms and payment options are outlined under the Membership tab.

Please contact membershipnqg@gmail.com for any questions. Those without internet can call 250-751-1515.

Membership application forms for the upcoming 2024-25 year will be available at the April meeting for any who want to renew early before September. We encourage others to renew for 2024-25 with the fillable pdf form or regular application form that are also on the website.

Happy quilting!

Barb Kerfoot & Laura Beswick, Membership Committee

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Nominations Report

Nominations for 2024/2025 are progressing

Executive Positions: Kathleen Kane is continuing as Co-President. Ellen Ellis has volunteered for the second Co-President position. This leaves the position of Secretary still vacant for 2025. I am told that this is not an onerous job.

Committee Chairs and Members

Quilt Bee: Joan Irving has volunteered to be the new Chair. Could members who have participated in past Quilt Bees please contact Joan to assist.

Christmas Party Committee: Arlene Akherman has volunteered to Chair. Rejoining are: Val Ansell, Barb Kerfoot, Barbara Korabek, Heather Henderson, and Sue Jubb. Other members are welcome to join.

Block of the Month has been vacant for 2 years. This is a great project for a sewing circle.

Newsletter advertising: 1 position, previously held by Ellen Ellis.

Challenge: 1 evening position

Programne: 1 evening position

Raffles: 1 evening position

The number of vacant positions to fill are slowly being reduced. The May Annual General Meeting should go quite smoothly.

*Judith McLaughlin, Past President 250 758-3866
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Donation Quilts

In March we received 2 baby quilts, 4 NICU quilts, and 19 lap quilts for a total of 25 quilts. We also received 6 tote bags for Crossroads. A new member donated 10 quilts, and has 40 still to donate. We have given 8 lap quilts to Sunfield Manor seniors supportive housing.

Our storage locker is bursting! We need to move out backing fabric to make room for quilts and batting. At our April meeting, we will be holding a "Backing Bonanza!" of all of our backing fabric. As usual, you are welcome to sign out any backing and use it for your future donation quilts. If you see some that you would like to use in your own personal quilts, you will be able to purchase it (at a price of \$5 per meter). We will use any funds raised from this sale to put towards purchasing more batting.

We received a thankyou letter from the Nanaimo & District Hospital Foundation for our quilts for patients in the NICU, Renal, Palliative, VI Scans, and Cancer units.

In 2023, 264 newborns spent at least one night in the Neonatal Intensive Care Unit (NICU). They all received a handmade quilt during their stay and then took it home. The NICU is running very low on incubator quilts: 36" x 48" (or close), which allows for the overhang. Batting is not necessary, nor is intricate stitching. Dark flannelette backing is preferred to block out the light.

Another option for our sewers is Mama Hearts – small sewn hearts that are approx. 3" x 3" for Moms of babies in the NICU to cuddle and rub to get their scent on the heart, and then place the heart near their baby in the incubator. (washable fabric and stuffing required)

Lastly, we have a new knitting pattern for preemie baby beanies, preferred by the NICU, courtesy of the Hospital Auxiliary and Bonnie Dimitry. See page 6 for directions .

Donation Quilts Committee, the Scrappy Bags



Left: new preemie baby beanie - directions on page 6



Right: sample Mama Heart for NICU, 3" x 3"



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Meeting Minutes of March 20, 2024

Call to order: 1:38 pm by Kathleen Kane, Co-President

Moved by Bonnie Eaton, seconded by Rebecca Mehan-Denison that the minutes of the General Meeting of February 21, 2024 be accepted as posted. **Carried.**

Treasurer's Report: posted on the bulletin board.

Hospitality: 75 members present, 2 guests.

Committee Reports

Challenge Quilts: See page 2. Entries must be turned in by April meeting, voting will happen at May Meeting.

Donations: see report on page 4. 'Backing Bonanza' at April meeting.

Nominations & Recruitment: See report on page 3.

Program: See complete report on page 1.

Our guest Darlene Potts, used to own Creative Quilting in Duncan. Her Pop-up Shop was well attended before the meeting and during coffee break. Her Trunk Show was a lovely collection of simple pattern quilts made with 4½ meters of fabric, many with Medley bindings (using pieces of each ½ meter). Darlene puts quilts in 3 categories: Show quilts, Life Event quilts and Hugs & Kisses quilts (these get well used and washed). She suggests Hugs & Kisses quilts be super simple. Ten fat quarters will make a 3 yard quilt. (see photos on page 8)

DRAWS:

Show & Share: Heather Henderson **Evening:** Laura Beswick

Hospitality: Ellen Ellis **Evening:** Sharon Horncastle

Mystery Fabric: Elinor Martin-Law **Evening:** Judy Peterson

Raffles: Afternoon: Dana Roncin, Lorna Craig, Norma Franks, Joan Muller, Phyllis Moore, Rebecca Mehan-Denison, Audrey Hale, Elinor Martin-Law

Evening: Vicki Zoltay, Laura Beswick, Bonnie Palfy, Judy Peterson

Thank you to Sue Artuso who stepped in to make coffee when Tuesday Shay was unable to attend the meeting.

Adjourned: at 3:15pm

Lorna Craig, Guild Secretary

Upcoming Shows & Sales

May 3 & 4, Sagebrush Quilters Guild Quilt Show, Our Lady of Perpetual Help (OLPH) Parish Centre 635 Tranquille Road, Kamloops. Admission \$10.

May 10 & 11, "The Threads That Bind Us" Quilt Show, Langley Quilters Guild, Christian Life Assembly Church 21277 56 Ave, Langley. Admission \$10. lggshowchair@gmail.com

May 18-19, 'Celebrating Quilts' Comox Valley School-house Quilters' Guild, Cumberland Cultural Centre. Saturday 10-4, Sunday, 10-3 Admission \$5/free < 12

June 7-9, 'Colour the World' Parksville Quilt Show & Sale, Oceanside Place Arena, 830 W. Island Hwy. Parksville. \$10/day \$15/3 days www.quilthouse.ca

Saturday, July 13 'Quilts in the Village, R.J. Haney Heritage Village & Museum, 751 Hwy 97B NE, Salmon Arm, 10-4. To enter a quilt: sharon_adair@telus.net

Saturday, September 21 NanGo Grannies Giant Fabric Sale, Nanaimo Curling Club, 10 am to 1:30 pm



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Simple Preemie Beanie

Materials: Yarn – any 4 ply Baby yarn or something similar to give you the approx. gauge – the yarn should be 100% acrylic or a synthetic blend (must be machine washable) and very soft.

Set of 5 double-pointed Size 3 (3.25 mm) needles,

Stitch marker,

Tapestry needle

Gauge: 28 sts X 36 rows = 10 cm or 4" – this is not very important but is just something to aim for. The final size may vary but so do baby's heads.

Loosely cast on 64 sts (16 sts/needle). This can be increased or decreased in units of 4 sts, depending on the weight of yarn and size of needle), place stitch marker if using, and join in a round being careful not to twist the stitches.

Knit 2 sts, Purl 2 sts* (repeat) for this and every round until the piece measures between 5 ½" to 6" long.

To shape the crown:

1st round – k2tog, purl 2* (repeat),

2nd round – K1, purl 2* (repeat),

3rd round – K1, P2tog* (repeat),

4th round – K1, P1* (repeat),

5th round – K2tog* (repeat),

6th round – K2tog* (repeat),

Finishing:

Cut yarn leaving a 6" tail. With tapestry needle thread through the remaining sts twice, pull snugly and secure. Weave in all loose ends.

Fold up approx. 1" to form a cuff and you are finished. No need to wash these as they are laundered in the hospital before they are used.

Library

We are very fortunate this month to be able to share with you 17 new publications (to us). A Guild Member brought these to the February meeting saying they were from the collection of a recently deceased quilting friend. We are very appreciative. These books will be on display on the window ledge. The label for all these new items will begin with B-23....

Jelly Roll Quilts by Pam and Nicki Lintott

Year- Round Quilting with Patrick Lose

Fresh Family Traditions by Sherri McConnell

Fresh from The Prairies by Devon Lavigne

fast, fusible FLOWER QUILTS by Nancy Mahoney

The Patchwork Garden by Tammy Todd

Mini Marvels compiled by Lissa Alexander

All-Star Quilts by Helen Frost and Blanche Young

Dresden Flower Garden by Blanche Young & Lynette Young Bingham

Striking Strip Quilts by Kate Henderson

Clever Quarters ,Too, ...More Quilts from Fat Quarters by Susan Dissmore

Surprisingly Simple Quilts by Australian Patchwork & Quilting Magazine

Becoming a Confident Quilter by Elizabeth Dackson

The Big Book of Nickel Quilts by Pat Speth with Charlene Thode

The BIG BOOK of PATCHWORK from Judy Hopkins

bundles of fun, QUILTS FROM FAT QUARTERS by Karen Snyder

The Library Team

Check out the book cover photos on page 12.



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NanGo Grannies Are Collecting Fabric Donations

The NanGo Grannies are now collecting clean, unused quilting fabric (any size), sewing & quilting notions, yarn and garment fabric (minimum size 1/2 meter) for our Giant Fabric Sale on September 21. Sorry, we no longer accept upholstery fabric.

You can bring your donations to any Guild meeting and give to Sue Creba or Bonnie Eaton. We can also pick donations up, call Sue at 250-753-3371 to arrange, or if you have any questions.

All proceeds from this sale go to the Stephen Lewis Grandmothers to Grandmothers campaign supporting grandmothers and community groups working to provide assistance with HIV and AIDS in sub-Saharan Africa. Thanks to Guild members' generous donations of items to our previous sales, we continue to increase the amount of money we send to African projects.

Save the Date! From April 27 to May 1, the cross-Canada 20th Anniversary Solidarity Quilt (left) will be on display at the Nanaimo North Library 6250 Hammond Bay Road, and again at the Island Soul Choir Concert on May 26 at the Port Theatre. The NanGo Grannies applied part of this quilt.



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Five quilts from
Darlene Potts'
March 20 Trunk
Show



- Interested in a new twist on traditional quilting? Maybe *Modern* quilting is for you.
- The Nanaimo Modern Quilt Guild meets the 1st Tuesday of the month at 7pm via Zoom.
- Visit our Facebook page or email NanaimoMQG@gmail.com for a link to our next meeting.



Above: Judy Hunter's completed round robin quilt from February's Procrastinator's Showcase



Above: March Show and Share quilt

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March 20 Show and Share Quilts





Above and right: Covers of our latest library acquisitions

Below: March Show and Share quilts

