

# Nanaimo Quilters Guild

Volume 40 Issue 5 ~ January 2024

[www.islandquilters.ca](http://www.islandquilters.ca)

## Next Meeting

January 17, Nanaimo Curling Club, doors open at 1 pm & 6 pm, meetings at 1:30 pm & 6:30 pm  
Program: Mini-Demos

**Next Executive Meeting (Zoom) Wednesday, January 10, 1:30 pm**

**Newsletter Deadline**  
January 21

## Quilt Bee

January 27, 9:00 am - 3:30 pm at Oliver Woods Recreation Centre

## Refreshments:

In January, members whose last names start with the letters I, J, K and L, it's your turn to bring goodies to the meeting for our coffee / tea break.

*In our newsletters' online version, blue lettering gives a live link to websites and email addresses. Best viewed in Google Chrome (may not work on a Mac).*

See what our Guild and its members are up to. You can submit photos of your quilts to our Facebook and Instagram sites. Click on the FACEBOOK link [here](#)

## Guild Website

The Members Only section password is printed on the back of your membership card). If you have something of interest for our Guild web site, please send it to Sue Creba at [smcreba@gmail.com](mailto:smcreba@gmail.com)

## Presidents' Pen

Happy New Year! Our December gathering was another step in our full return to guild activities – even the weather cooperated! Many thanks to those who organized and hosted the event along with all of you for bringing food and fun to the evening.

As we look to 2024 there are many opportunities for learning at meetings and workshops, as well as sew-ins, both virtual and in-person, and of course our annual Quilt Bee. And how are those UFO's and guild challenge projects coming along? Time to put away the tinsel and get back to the sewing room!

Because we continue to experience seasonal related illnesses and Covid in the community, we encourage each of you to make your own decisions about attendance and masks as we move towards Spring.

Happy Quilting, Terri Askham & Kathleen Kane, Co-Presidents

## Guild Programs and Workshops

Hope everyone had a good Christmas with too much cooking and too much eating and not enough quilting! Our January program will be Mini-Demos.

We still have space in two of our Workshops: **Jazzed-up-Jelly-Roll** with Carolyn Mulders on Saturday, January 6, 2024 at Oliver Woods, and **Quilt As You Go** with Jeannette Blackmore and Vicki Dods on Saturday, February 17, 2024 at Oliver Woods. Both workshops have homework so it's back to quilting! Remember both of these are pot luck lunch. We have a few registrants who have not picked up their homework, and there are a few spots left.

Guild meeting February 21, 2024: now is the time for our Procrastinator's Showcase. Remember those promises you made! At this meeting Barb Dickie will wow us with a Trunk Show.

*Program Committee: Vicki Zoltay, Judy Hunter, Lorraine Daley, Nancy Lutes*

## Quilt Bee January 27, 2024, 9-3:30

At the Oliver Woods Recreation Centre, on Oliver Road. Lunch is pot luck, bring your own utensils and mug. Haven House still is requiring quilts, so come one and all. Bring your machine and projects. If needed, we have kits available along with batting and backings.

Any questions, please contact me. Thanks. Janet Knecht and the Quilt Bee Team (250-734-1671) [quiltyjan@gmail.com](mailto:quiltyjan@gmail.com)

## Library

We hope you had an enjoyable holiday and found some time to peruse the books and magazines signed out in November. A gentle reminder they are all due back in January. . If you would like to join the team please let us know via email: [patriciaryan19@gmail.com](mailto:patriciaryan19@gmail.com) The Library Team

## Quilts of Valour

A big thank you to all the guild members who have made contributions for Quilts of Valour. It is a huge commitment of time, energy and money, and I am very grateful as the veterans benefit. I have presented 3 quilts recently and all the veterans very overjoyed with their quilts.

I can supply members with wide backing and batting .- please contact me if you require some. [quiltsofvalour.ca](http://quiltsofvalour.ca) website has free patterns for hug blocks. *Joan Irving*

## Found at June Quilt Show

Off white (beige) jacket with hood, Kirkland brand, size Large, could be man's or woman's. *Janet Knecht* [quiltjan@gmail.com](mailto:quiltjan@gmail.com)

## IRON TIPS AND TRICKS

If you are having any issues with your iron please have a look at an 11 minute YouTube video by Karen Brown of "Just Get It Done Quilts" on how to use your iron correctly. The video is called: [Leaking Iron? - 8 ways to prevent water leaking from your steam iron](#). Lots of tips I never knew. Have a look. *Janet Knecht*

## Placemats

Well I have to admit to some mathematical errors in my previous reporting of Placemat and Tea cozy numbers.

I discovered these when preparing the donation items at Christmas. We actually had 139 placemats and 18 tea cozies at the end of May 2023. We collected 10 at the Quilt show, 10 in July, 43 placemats and 12 tea cozies in Sept., 7 in October, and 33 placemats and 16 tea cozies in Nov. for a total of 242 placemats and 46 tea cozies in stock in November. In December we donated 125 placemats to Meals on Wheels Nanaimo, 13 to MOW Gabriola Island, 6 to MOW Ladysmith and 80 placemats and 40 tea cozies to the Salvation Army for their Christmas Hamper program. We had 1 placemat turned in at the Christmas Potluck.

We now have (and I counted them) 19 placemats and 6 tea cozies to start off the new year. So, well done and thanks to all of you. I am sure that all who receive one will be very pleased.

As I was rolling them up and placing the tag and tying the bow, I was very impressed with the skill and imagination that went into creating them. I just hope you will keep up the good work so we can keep contributing as many next year. Thanks so much!

*Your Placemat Committee, Heather, Norma and Maureen*



Above: Michelle Stabner from Haven accepting tote bags and stockings from Janet Knecht in November.  
Left: Janet with some of the donations.

## Guild Placemat Challenge

Have you picked your triadic colour scheme yet? If you have a couple of favorite choices, you might want to make more than one entry, although one person cannot win more than one prize. These placemats are the perfect opportunity to try a technique that may be new to you. **Rules to Play by:**

1. Triadic colour scheme.
2. Neutral background.
3. May be pieced or appliqued or both. (No embellishments that require careful handling since the quilts will be stacked for transport).
4. Landscape format.
5. Placemat size (12" by 18").
6. Due at either of the April guild meetings. **\*Please note the change in due date\*** According to our guild handbook, non-show year challenge entries are always due in April and will be voted on at the May general meeting.
7. No hanging sleeve required.
8. Pin a paper label to the back that includes your name, guild number, and whether or not you wish to donate the entry to the placemat committee or have it returned.

Challenge Coordinators Jeannette Blackmore, Vicki Dods

## CQA Report

Liz Thompson of Vancouver, BC will be presenting a webinar ["Going in Circles Can Be a Good Thing"](#) on January 10, 7 pm Eastern time. Tickets went on sale for both members and non-members on December 15. The webinar will be recorded and available to view from Thursday January 11 until 7 pm Eastern time the evening of January 14 for those who purchase a ticket but cannot attend the live presentation. Liz will be teaching three workshops at Quilt Canada 2024 in Edmonton next June, so this is your chance to get to know her.

Month 1 is available for the [Oatmeal Raisin mystery quilt along](#) You can find it on the CQA main page, under the Events tab, for both members and non-members.

An event page has been created to keep us current with developments for the upcoming Quilt Canada show in Edmonton, June 19-22, 2024. Information is added as it becomes available. You can find this page at <https://canadianquilter.com/quilt-canada-2024/> Information includes everything you need to know, including two hotels with blocks of rooms available at a special rate for quilt show guests. (don't wait too long to book those!)

And that's it for this year, see you in 2024!

Christine Hustins, CQA Liaison  
[cahustins@gmail.com](mailto:cahustins@gmail.com)

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Above left: Crossroads with one of their six baby quilts

Left: Sue C. , Tracy I. and the Salvation Army's Marie Naylor with three of the dozen quilts delivered

Above: Eden Gardens received six quilts for seniors



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## Donation Quilts

We delivered 74 quilts, 8 tote bags, 46 baby hats and 1 wall hanging to our community groups in late November and early December. At every meeting we will have batting, backing, labels and fabric from the estate of Linda Kelly. Thank you for sewing a label on your finished quilt. *Donation Quilts Committee, the Scrappy Bags*



Left: delivery of 12 adult quilts, 11 baby/kid's quilts and 46 baby hats to NRGH. Above: One of the eight quilts delivered to Hospice Community Care

### BIB n' TUCKER QUILTING

**Closing out will continue  
Fabric Discounts up to 70% off**

**Lots of kits and fabric liberated  
from Gail's stash!**

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January 2024**

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**Wishing every day of  
the new year to be filled  
with success, happiness  
and prosperity for you.**

## Meeting Minutes of November 15, 2023

**Call to order:** 1:30 pm by Terri Askham, Co-President

**Moved** by Audrey Hale, seconded by Trish Kirk that the minutes of the General Meeting of October 18, 2023 be accepted as posted. Carried.

**Treasurer's Report** will now be posted at meetings but not voted on.

**Hospitality:** 60 members today, 2 guests.

**Correspondence:** a thank you letter received from Haven House for tote bags and Christmas stockings.

**Announcements:** Our coffee box has been found, but our bulletin board is missing. Thank you to Heather and Ann Marie for doing coffee today.

**Save those Tapes!** As a nonprofit society, the guild is able to participate in the save-a-tape program offered by Country Grocer. As a group we can earn 1% on every \$1000 in tapes that we save. This is in the form of gift cards that do not expire. The tapes can be from any Country Grocer location, for anything in the store, and for any amount. Please fold (don't roll) the tapes and place in an envelope to prevent fading. Sue Artuso will have a box available at the January meeting to drop off your tapes.

### Committee Reports

**Quilt Bee:** Saturday, January 27 at Oliver Woods. See report on page 1.

**Donations:** see report on page 5.

**Christmas Party:** very successful!

**Program:** Homewood Retreat was a roaring success. Homewood staff quilt favourites were: Christine Hustins, Laura Beswick, Judith McLaughlin. More volunteers for January Mini Demos are needed. See report page 1. Monika Kroeger donated free fabric (on the free table).

**Guest Speaker:** The Knife Sharpener, Ken Romanyshyn has a workshop at his home and sharpens knives, scissors and garden tools. Some of his wisdom:

- Price differences reflect the quality of the metal used
- Test drive the scissors you are thinking of buying (take fabric samples with you to the store)
- Look for one flat cutting side of blades and a bolt and nut fastening at the centre rather than rivets
- To keep your scissors clean, use a drop or spray of Isopropyl Alcohol or vinegar, then work the scissors to get debris out. Put a drop of mineral oil (washable) on top and bottom of bolt.
- To keep pinking sheers cutting smoothly, cut through 3 layers of waxed paper. Lots of other fascinating information; enjoyed by all.
- **Contact Ken at The Knife Sharpener, 250 723-6605, 3995 Rock City Road**

### DRAWS:

**Show & Share:** Teresa Bellinger **Evening:** Sandy Blakely

**Hospitality:** Phyllis Moore **Evening:** Sharon Dubyna

**Mystery Fabric:** Carolyn Hunter **Evening:** Kathy Coulter

**Raffles: Afternoon:** Sue Artuso, Leslie Millward, Carolyn Hunter, Sheila Redel, Lorraine Whillans, Cathy Proctor, Kathy Doyle, Teresa Bellinger

**Evening:** Sharon Horncastle, Judith McLaughlin, Vicki Zoltay, Val Ansell

**Adjourned:** at 3:36 pm *Lorna Craig, Guild Secretary*

### Sale

Prisma Color Premier Colored Pencils, 120 count, missing 2, with 3 used. \$75.00 OBO. E-transfer or cash please. We can make arrangements for pickup. *Audrey Hale*

[audreyhale81@gmail.com](mailto:audreyhale81@gmail.com)



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- Interested in a new twist on traditional quilting? Maybe *Modern* quilting is for you.
- The Nanaimo Modern Quilt Guild meets the 1st Tuesday of the month at 7pm via Zoom.
- Visit our Facebook page or email [NanaimoMQG@gmail.com](mailto:NanaimoMQG@gmail.com) for a link to our next meeting.

## A Thank You from Loaves & Fishes

Dear Nanaimo Quilters Guild, On behalf of the many we serve across Vancouver Island, we want to thank you for your generosity. (We donated \$106.50 collected at our holiday potluck dinner) Your support makes a real impact in the lives of people who are struggling and it is truly appreciated.

*With Gratitude, Emily Bird*

*Loaves & Fishes Community Food Bank*



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## Kismet Quilts



## Soft Amaretti Cookie Recipe

At our potluck holiday dinner, Arlene Ackerman brought these delicious gluten free cookies! Here is the recipe:

**250 g almond flour (scant 2 1/2 cups)**

**200 g sugar (approx. 1 cup)**

**zest of one medium lemon**

**3 egg whites (6 Tbsp, 120 g) (1 egg white= ~ 40 g)**

**1 tsp bitter almond extract**

**1/3 c granulated sugar set aside on plate for rolling**

1. Preheat oven to 325°. Place rack in centre of oven.
2. Line large baking sheet with parchment paper.
3. In large bowl, whisk almond flour and sugar together.
4. Add grated lemon zest and whisk a few times more. Set aside.
5. In a separate bowl, whisk the egg whites to the soft peak stage. Whisk in the bitter almond extract.
6. Gently incorporate the egg whites into the dry ingredients until the mixture is completely moist. Use a small ice cream scoop or tablespoon to portion the dough.
7. With slightly damp hands, place your palms in the plate of sugar. Roll each ball of dough in the sugar

on your palms and then in the sugar on the plate.

8. Place on the paper lined baking sheet.
9. Bake for about 25 minutes until the bottoms are golden brown in colour. They will not spread or run. Do not OVERBAKE!!
10. Cool before storing at room temperature in airtight containers. They will keep for 3-4 days.



Above and pages 7 & 9: photos of our December 13 Potluck



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### Mystery Quilt

The Mystery Quilt starts February 1, 2024.  
Installments, hints and tips will be picked  
up via a facebook page.

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Drop your quilt off on Tuesday or Thursday  
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### Beginner classes

Beginner classes are starting again February 9-10,  
2024. Each class builds on the previous one, and by the  
end you will have a good toolbox of techniques to  
choose from.

### Longarm classes

Longarm classes will resume in January. Call to  
book your spot.

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