

Nanaimo Quilters Guild

Volume 33 Issue 5 ~ January 2017

www.islandquilters.ca

Next Regular Meeting

**January 18, doors open 1:00
and 5:30, meeting starts at 1:30
& 6 pm Nanaimo Curling Club
– upstairs lounge 106 Wall St.
Program: “Quilt as Desired” with
Julie Plotniko**

Next Executive Meeting

**January 12, 2017
1:30 at Chase River Country
Grocer, 82 Twelfth St.**

Newsletter Deadlines

January 22 (22nd of every month)

Refreshments:

**Members whose last names start
with the letters I, J, K and L, it's your
turn to bring goodies to the meeting.
(also see article on page 3)**

Remember to bring:

- library books
- your nametag and mug
- change for raffle prizes
- donation quilts / placemats
- show and share
- food bank donations

Hospitality

Just a reminder ladies, please wear your name tags. It is much nicer for ladies, especially our newer members, to be able to put a name to a face. And as an added bonus you will receive a ticket for the name-tag draw.

Guild Website

If you have something of interest for our Guild web site, please send it to Sue Creba at suecreba@aquariusd.com

From the President's Pen

Welcome to a New Year everyone! Hopefully 2017 will be a good year for Nanaimo Quilters' Guild as we continue our love of quilting and of sharing our creations with family and friends.

At the beginning of the year I'm often reminded of Anne Shirley from Lucy Maud Montgomery's *Anne of Green Gables*, who said, "Isn't it nice to think that tomorrow is a new day with no mistakes in it yet?" That's what a new year is to me.....an opportunity to try again, to be a little better, a little kinder, stronger, happier; to be the person I want to be.

Starting the new year with no mistakes and the goal of doing our best is certainly something we can apply to our quilting as well. Imagine, no mistakes yet! It won't take long for me to make my first one, but at this point the slate is clean and I'm off to a good start. My goal for the year, on a quilting level, is to continue to complete projects, improve my skills and gain some control over my sewing space. What about you, do you have some New Year quilting goals?

On a personal level, some of us may have the goal of taking better care of ourselves, taking the time we didn't take during our earlier, busy lives, to put ourselves first. That's a challenge for me, and probably for you too. As women, we can find endless ways to put others before ourselves. A fun little thing I've recently discovered that I do just for me is using a sugar scrub on my hands. I thought I would share the recipe with you in case you would like to try it. It's so quick and easy, you'll be sugar scrubbing in no time! This also makes a very nice gift, in a 250 ml mason jar with a pretty tag or label.

Peppermint Sugar Scrub

- 1 c sugar
- ¼ c coconut oil
- 15 drops peppermint essential oil

Melt the coconut oil until it is liquid, but not hot. (I use a glass measuring cup in the microwave.) Then add the sugar and peppermint oil and mix well. Store in a glass jar. To use, take a little of the scrub into your hands and massage lightly into the skin. Rinse with warm water and pat dry. Magic! And a lovely fragrance too. Other essential oils would also be nice so try whatever you like.

As far as Guild business goes, we had 75 members at the Christmas potluck, a possible record! The weather was cold but that didn't stop dozens of us from bundling up and heading to the NCC with our food and cutlery, gift bags and food donations. The music was great, the games were fun and we all went home feeling full and happy. Many thanks to Arlene Ackerman and her merry band of elves for a fine evening. And thanks also to Liz Simonson for once again leading us in a lively Christmas carol sing along.

At the January 18th meeting we will be voting on the motion to transition the Guild to a member funded society under the New Societies Act. This is your reminder if you are wanting to read up on that before the vote. (see page 3)

So, put on your nametag, pack your Guild meeting bag and come enjoy a little business, a little coffee and library time and a domestic machine quilting demo from Julie Plotniko of Snip&Stitch.

And may I say thank you to everyone who has submitted photos for the newsletter this year and to Sue Creba for passing them on to the web master. I love seeing the photos as I read the newsletter each month and hope you do too.

A happy and healthy New Year to you all, my quilting friends,

Christine Hustins, Guild President

NQG Box 943 Nanaimo BC V9R 5N2

Editor suecreba@aquariusd.com

2017 Program

January Program: "Quilt as Desired" with Julie Plotniko. Many patterns and books finish with the phase "Quilt as Desired" leaving the modern quilter unsure how to finish their project. This demonstration will address some of the many forms of machine quilting including how to preview and mark designs and how to quilt a large quilt on your home sewing machine.

UFO Day: The UFO Day was held on December 3 and was full of busy quilters working on a variety of projects. We apologize for our oversight in not sending out the reminder email that it was a potluck and to those that finished up or took home extra Sew for Service projects - you're amazing!

Upcoming Events:

Bus Trip to see Ricky Tims in Victoria on April 11, 2017

Meet Up & Leave Nanaimo - Time: TBA

10:30am - 12:00pm **Session I:** entertaining talk and concert.

1:00pm - 2:30pm **Session II:** Convergence Quilting - a technique which Ricky has made famous.

3:30pm - 5:00pm **Session III:** Primitive Patchwork, Kool Kaleidoscope and Magical Marking

The techniques in Sessions II and III will be accompanied by a very detailed booklet. Cost \$85.00 (bus ticket & admission) Space is limited as the bus holds 20 - only a couple of spots left and a wait list. See Sandra Radley for more information or call her at 250-756-2421.

Upcoming Workshops:

February 18: Celtic Knot with Irene Madsen. This piece was designed as a table runner but it is equally suited to hang vertically in an entryway or horizontally above a couch or bed. It is a modern design inspired by knotwork and interlace from ancient Celtic gospel manuscripts. You will learn to make bias tubes to create this intricate looking design. Update: You will now have the choice of purchasing the book/pattern electronically to create the table runner shown or you can attend the class to learn the method of making Celtic knots and use a pattern of your choice. Skill level: Confident beginner Size: 21.5" x 38.5"

March 18: Finishing Quilts: More than a Straight Edge with Ionne MacCauley. Ionne will be leading a practical workshop covering a wide variety of ways to finish the edges of your quilts. You will be making "workbook" of samples that you can refer to later. Learn different ways to make straight and bias binding to apply to curved and scalloped edges, how to make facings for unusual edges, make shark's teeth, couched edges, different ways to join binding ends and how to add hanging sleeves. Make your masterpieces using these techniques! Skill level: Anyone with some small quilting experience and up.

April 22nd: Playing in the Trees with Susan Teece. Susan will engage you in the process for creating a tree in free form and lots of fun. Place your trees in a magical setting (a landscape). Use prints with small animals, birds and First Nations icons. Techniques include: raw edge appliqué, fusible appliqué, machine straight stitching, blanket stitching and free motion stitching. You will be encouraged to develop your own personal style and your tree will be unique.

Skill level: confident intermediate. Size - 20" by 30"

NQG Box 943 Nanaimo BC V9R 5N2

February Program: This will be our Sit & Sew, Magazine, Book & Fabric Exchange - so if your New Year's resolution is to organize your studio, save your extra magazines, books, notions, and fabrics to bring to this event to trade or give away! Also, bring your own projects to work on - hand sewing only! Perfect for binding, hand quilting, hexies, applique, needleturn and many more techniques.

OTHER EVENTS:

All Year Long:

Farm Girl Vintage Quilt Along - Month 4

Sign up at the Program Table to get a monthly email for links to helpful tips! Two months worth of participation prizes will be drawn in January due to the Christmas Party - make a row to enter to win a prize! Any questions, contact Becky Keizer, email: kiddkeizer@shaw.ca



Farm Girl Vintage Quilt Along Participation Prizes for December & January (to be drawn at January meeting).

Links to Free Patterns

Undercover Maker Mat by Lillyella Stitchery:

<https://lillyella.com/tutorials/undercover-maker-mat/>

The Pixie Basket by Fabric Mutt:

<http://fabricmutt.blogspot.ca/2016/02/the-pixie-basket-tutorial.html>

Quilty Fun Birthday Block! by Lori Holt (12.5" x 14.5"):

<http://static.fatquartershop.com/media/wysiwyg/pdf/QuiltyFun-BirthdayBlock.pdf>

Suggestions Wanted

Some suggestions for future speakers, programs, workshops, activities have been made and we'd love to hear more. Please write them down and drop them in our suggestion box or email them to: Joy Jenkins: joy_claire@hotmail.com

Thank you from the Program Committee! Janet Knecht, Sandra Radley, Mary Abbott, Joy Jenkins, Briony Goddard, & Becky Keizer

Editor suecreba@aquariusd.com

To those who requested Modern Quilts on our Fall Survey: The Nanaimo Modern Quilt Guild will be hosting two workshops with Krista Hennebury, who is a blogger, quilting teacher, and retreat host who actively participates in both traditional and modern quilt guilds. Krista is the author of the book, "Make It, Take It". (Blog: www.poppyprintcreates.blogspot.com IG: @poppyprint)

Cost: \$65.00 Nanaimo Modern Quilt Guild Members (each workshop), \$75.00 Non-Nanaimo Modern Quilt Guild Members (each workshop)

Place: Jonanco Hobby Workshop, 2745 White Rapids Road, Nanaimo, BC

Date: Saturday, February 25, 2017 **Speed Date with Improv.** Think of this class as speed dating with improvisational piecing techniques that include curves and free cutting. It will be fast-paced and a lot of fun: several techniques are introduced and demonstrated one after the other with very little time to second guess, stress or obsess over perfection. Every student will end up with a unique, original quilt! The focus here is to explore line, shape and happenstance in abstract design, so keep things simply graphic by using solid-coloured fabrics in black, white and one pop of colour. In the afternoon, we'll work together on the design wall to jigsaw the improv elements together, seeking balance and creative design opportunities. Some pre-cutting is required. Materials fee: \$2/student
Class time: 6 hours

Date: Sunday, February 26, 2017 - **Quarter Round or Round Peg, Square Hole.** (20" square, 40" square, or expandable to full-sized 80" square quilt) This is a modern log cabin variation design with exciting possibilities! The original Quarter Round quilt hung in the small quilts category at QuiltCon2016 and Round Peg, Square Hole was created to showcase RJR Supreme Cotton Solids and appeared in the RJR booth at Fall Quilt Market 2016. This quilt has a multitude of design possibilities for secondary pattern and colour play. Workshop covers accurate cutting, perfecting a scant 1/4" seam allowance, accurate piecing without pins and design wall support with fellow students. A colouring page is sent in advance if students wish to plan their quilt before class. Pattern Fee: \$12/student
Class time: 6 hours

See Lori Hargreaves to sign up, or call her at 250-585-2065 or email her at: lori.hargreaves@yahoo.ca



Sunday, February 26 workshop: at left, Quarter Round, at right Round Peg, Square Hole.

Special Resolution to Transition to a Member-funded Society

We must transition the Guild to the New Societies Act after November 28. This act replaces the current Society Act.

The Board of Directors feel that becoming a member-funded society would best serve our needs. We meet the requirements, reporting rules are less onerous and we would not have to have our financials available to the public. In the interest of keeping things as simple as possible, and given the fact that the structure of the Guild is not likely to change in the near future, this just seems the best choice.

A good place to go for information is the following link. This will take you to links explaining the Act and society requirements in order to comply with it. You can even click on a link to read the Act itself, which will be a challenge but it is there if you are interested. Beyond this all you need to do is a search for the New Societies Act and all kinds of sites will come up with various interpretations for you to read. The link I am including is the government site, which has to be as reliable as any.

<http://www2.gov.bc.ca/gov/content/employment-business/business/not-for-profit-organizations/societies/new-societies-act>

At the January general meeting we will vote on the following resolution;

Whereas BC Registries requires all incorporated societies to transition to the New Societies Act,

Be It Resolved, That the Nanaimo Quilters' Guild take the necessary steps to transition to a member-funded society under the requirements of the new Societies Act which goes into effect on November 28, 2016.

Coffee Committee

We would like to request from the general membership that when your name comes up to provide treats for a meeting, which only happens once a year, please please bring them sliced and cut into serving sized pieces, ready to put on the table - not frozen or requiring a plate or utensil to enjoy. The Guild does not have knives or sturdy plates, so we have to borrow from the rink supplies - something we're not comfortable doing. Many thanks from the coffee volunteers who will have a much easier job.

Library News

Happy 2017 everyone! This is the usual reminder about books being due at the January meeting. If it "happens" to snow and our meeting is cancelled, then they'll be due back in February. Don't like to nag, but some of our members have overdue books, please return them ASAP!

The Library Team



Saturday, February 25 workshop Speed Date with Improv.

Donation Quilts

We distributed many quilts in early December despite the icy and snowy roads. We were met by very thankful and grateful recipients. They were awed by the workmanship and beauty of the quilts. Although we received fewer donations than in the past, we still had enough to go around. If you don't have a lot of time, baby and wheelchair quilts are always welcome.

As always batting and backing are available plus we will have new labels.

Thank you again for all your beautiful quilts that are made with love and generously donated.

Bonnie Dormuth and Pat Clements

Contact Bonnie 250 753-9366 or Pat patclements@shaw.ca

Membership

A reminder that I have membership cards and receipts that need to be picked up by: Sandy Blakey, Joy Cline, Sharron Farrell, Maddie Gibeau, Briony Goddard, Joy Heggland, Kathleen Kane, Pat Montgomery, Cherry Patten, Herma Pennimpede, Joanne Van Oosten, Laurie Webster, Bobbie Webster.

Also, Cheryl Frehlich, Darlene Santorio, and Cathy Bennett, could you three ladies please come and see me at our January meeting; I have paper work that needs your attention.

Judy Peterson, Membership

CQA Report

The Canada 150 fabrics have finally arrived in Nanaimo and the Guild has purchased 4 metres for members to use. The fabrics have been cut up and I will have them at meetings going forward for you to take what you need to use in slab blocks for Quilt Canada's giant quilt bee in June.

Use your own scraps and one piece of the Canada 150 fabric, provided by the Guild, to make one 12 ½" X 12 ½" block. Then hand your blocks in to me and I will send them all together to CQA in time for them to be layered and quilted at Quilt Canada in June. You can of course make as many blocks as you choose if you get on a roll and are enjoying using up some of your scraps. They are very fun to make.

If you are unsure of the pattern or would like to see some blocks already made, go to the CQA website and Facebook page. More information and photos are being added to Facebook as the weeks pass and these will give you a good idea of what people are making.

Quilt Canada 2017 is going to be held at the International Centre in Toronto in June, to celebrate Canada's 150th birthday. The show is shaping up to be a very full and exciting event, with an impressive lineup of workshop instructors, including two ladies from our area. NQG member Coreen Zerr will be sharing her amazing ability to create beautiful art with fabric and thread, while Julie Plotniko will be demonstrating some fun machine quilting techniques.

And don't forget that our Guild library has current and past copies of CQA's quarterly magazine if you'd like to have a look and see what the Canadian Quilters' Association is up to.

Submitted by Christine Hustins

Quilt Shows, etc.

Strathcona Stitches Coastal Colours & Connections, 1st Annual Quilting Conference & Juried Quilt Show, April 28-30, 2017 at Strathcona Gardens Recreation Complex, Campbell River, BC. For more information and to download fillable PDF forms please visit our website at: <http://www.strathconard.ca/strathconastitches>

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Looking forward to meeting you !

Quilt Bee Report

Quilt Bee day will be here in a few short weeks! Hooray!

January 28th at Oliver Woods is the day to sew up a storm. We have spaces for 2 more teams of 2 or 3 to sign up so talk to your friends and get a team together if you haven't already. The doors will be open at 8:45 am but not before that as we need time to set up. We hope to wind things up by 3:30. If you need a reminder of what sewing supplies to bring, please pick up a supply list at the Quilt Bee table during the January meeting. We have 4 kits available if anyone would like to work on one at the Bee or at home.

Lunch will be potluck (back by popular demand) so don't forget your food contribution, mug, plate and cutlery. Coffee and tea will be available throughout the day. Please remember that you are not feeding an army, just a few quilters!

You have a few more weeks to finish up any quilts that you are working on at home. If they are ready by the January meeting, please bring them along then. It helps us to pre-package the quilts and reduce the workload at the February meeting. If you wish to show your quilt then please hang on to it for February. See us if you need a label, batting or backing. A reminder to all members that our batting is pre cut to 45"x 60".

A representative from Haven House will be at our February 15th meeting to receive our quilts. Haven House answered 8 crisis calls every day and provided emergency shelter to 203 women and children last year. The need is great! The staff love to see our quilts too. They say it is like Christmas in February when they get to see the beautiful quilts!

If you have never attended a Quilt Bee and would like to see what it is about, please drop in at Oliver Woods on the 28th for a peek. It is lots of fun. *Nancy Lutes, Leslie Millward, Marlene Jones, Margaret Carmichael*

Nanaimo Quilters Guild Winners , December 2016

Raffles: Maureen B, Sandy D, Heather H, Anne R, M. S. A, Kathleen K, Ginny T, Tracy

Show and Share: Judy M

Mystery Fabric: Maggie P, Leslie M

Donations: Cindy S

Nominations

I trust everyone had a good Christmas and will enjoy a safe, healthy and prosperous New Year.

Speaking of "trust"...I trust you will be raising your hand as I make the rounds asking for Nominations. Hopefully over the next week or two the Committee Chairs will have had an opportunity to ask their team if they are planning on enjoying their current positions for another term. I've already spoken to a number of members and will continue making the rounds confirming volunteer opportunities.

Remember, we have two vacancies that need filling immediately—one is Second Vice President. And Janet Knecht and her Program Committee would like another member to join their team. They are already planning our programs and workshops for 2016-2017; join their team and help them plan another great year.

Vicki Zoltay, Past President / Nominations



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Block of the Month

The January 2017 block is shown below. Directions are at:

http://www.mccallsquilting.com/qb/mccallsquilting/pattern_402/index.html

The background's fabric is black, like the picture; the corner pieces are green but the center reel can be any colour you like. Choose colours that have a nice contrast. It's a good idea to have a design wall when making this but be warned that it won't necessarily stop you from making a mistake (ask me how I know!) 9/16 is between 1/2 and 5/8 on the ruler.

Sarah Beyer, 778-269-2380 (text or call)

<https://www.facebook.com/SarahinStitchesNanaimo/>

I'll have the block tagged to the top of the page. If you are interested in having a sew day let me know. Happy sewing!



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Another call for your help!

While everyone has their beautiful Christmas decorations unpacked and on display, I thought I'd check if anyone has any unloved (and unused) Christmas wall hangings they'd be prepared to part with? I was given one hanging recently and sent it to the hospital unit in Edmonton where my son lives and they love it and said it really made a big difference there. So...it got me to thinking that where one is good, more would be even better to get a wonderful festive feel for the residents there.

If you do have any small Christmas wall hangings you no longer use or love because you've moved onto new and more wonderful projects, please know that these could continue to be admired and appreciated by many people - staff, residents and visitors alike.

Give me a call to arrange pickup/delivery...I know it may be too late for them to be used for very long this year, but they will have them early for next year. Thank you in anticipation!

GinnieThompson(250)585-5199email:brianandginnie@gmail.com *Bringing Christmas to everyone...*





Above: 3 completed gift bags. Right: 75 pillowcases and 40 gift bags. Below: 157 pounds of items for filling the gift bags.



Christmas Gift Bags: Thank you!

I want to thank you all for so generously donating to the holiday gift bags for teens at Nanaimo Youth Services. You made 75 pillowcases and 40 gift bags, donated \$545 in cash, \$120 in gift certificates and 157 pounds of goodies (yes 157!) to fill up the gift bags. That breaks the record for donations. Here is a comment from one of the staff: "Thank you very much for your donations. These are great goody bags for our clients. Christmas cheers!" Sue Creba



Needed: a sewing cabinet with easy lift for a Janome Memory Craft 7700 QCP "Horizon". Plus a lift up back leaf and drawers. Trish Kirk 250 245 7726

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Happy New Year!

Wishing you all a happy, healthy, prosperous 2017.

We'd also like to remind everybody that "buy more fabric" is a most worthy (and attainable) resolution.

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